

Native H.O.P.E.

AGENDA

Day One-June 4, 2018

8:00-8:15 am.....Registration/Pictures/Snacks/Socializing

8:15-8:30 am.....Welcome/Blessing/Introductions/Overview

8:30-8:45 am.....Norms/Expectations/Team-Trust Building (15 minutes)

8:45-10:45 am.....Healthy Teams and Personal Wellness (2 hours)

10:45-11:00 am.....BREAK

11:00-Noon.....Creating Positive Change-Breaking Unhealthy Cycles (1 hour)

12:00-12:45 pm.....LUNCH (On Your Own)

1:00-1:15 pm.....Team-Trust Building Skills (15 minutes)

1:15-2:15 pm.....Hostility Survey and Practicing Assertiveness

2:15-2:30 pm.....BREAK

2:30-4:15 pm.....Healing the Shame and Addressing Forgiveness (1:45 hours)

4:15-4:30 pm.....Open Mic/Evaluations/Announcements/Closing

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Day Two-June 5, 2018

8:00-8:30 am.....Registration/Coffee/Welcome/Blessing

8:30-10:30 am.....Healthy Relationships-Mediation Skills (2 hours)

10:30-10:45 am.....BREAK

10:45-Noon.....Suicide in Indian Country (1:15 minutes)

12:00-12:45 pm.....LUNCH (On Your Own)

12:45-1:00 pm.....Team-Trust Building Skills (15 minutes)

1:00-2:45 pm.....Suicide Prevention-Continued (1 hour and 45 minutes)

2:45-3:00 pm.....BREAK

3:00-4:00 pm.....See It-Say It-Assertive Communications (1 hour)
Making Referrals-Community Resources

4:00-4:30 pm.....Open Mic/Evaluations/Announcements/Closing

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Day Three-June 6, 2018

8:00-8:30 am.....Registration/Coffee/Welcome/Blessing

8:30-10:30 am.....Coping with Grief and Loss (2 hours)

10:30-10:45 am.....BREAK

10:45-11:00 am.....Team Building Skills (15 minutes)

11:00-Noon.....Peer- to- Peer Presentations (1 hour)

12:00-12:45 pm.....Lunch (On Your Own)

12:45-1:00 pm.....Team-Trust Building Skills (15 minutes)

1:00-2:00 pm.....Peer-to-Peer Presentations Continued (1 hour)

2:00-3:30 pm.....Strategic Action Planning (1:15 minutes)

3:30-4:00 pm.....Follow-Up Component: (30 minutes)
(Youth Councils/Talking Circles/Peer Support)

4:00-4:30 pm.....Open Mic/Evaluations/Announcements/Closing